



The City of Millbrae and the Millbrae Fire Department

Presents

Community Emergency Response Team (CERT) Training



FREE!

Here is your opportunity to become a trained member of "CERT", the City of Millbrae Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on session at the Chetcuti Room and Millbrae Fire Station # 37.



<p>Wednesday, January 29, 2014 Disaster Awareness, Fire Safety & Utility Control</p> <ul style="list-style-type: none"> • Disaster types, history and probability • How to prepare before it happens • What to do when a disaster strikes • Natural gas, water & electrical controls • Types of fire & use of extinguishers to put fire out 	<p>*Wednesday, February 5, 2014* Medical Part 1</p> <ul style="list-style-type: none"> • Treat Life – Threatening Conditions • Triage – Public Health Considerations • Disaster Medical Operations • Establishing Treatment Areas
<p>Wednesday, February 12, 2014 Medical Part II</p> <ul style="list-style-type: none"> • Head-to-toe Assessments • Opening the airway. • Stop bleeding and controlling shock • Triage • Burns, fractures, and other injuries 	<p>*Wednesday, February 19, 2014* Light Search and Rescue</p> <ul style="list-style-type: none"> • Different types of construction and where to look for damage. Building marking system • Interior search patterns Lifting heavy objects and mechanical advantage • Victim carries
<p>Wednesday, February 26, 2014 Team Communications, Organization and Management</p> <ul style="list-style-type: none"> • Composing emergency messages • Hands on practice with MURS Radio • CERT Incident Command System; managing the disaster and documentation 	<p>Wednesday, March 5, 2014 Disaster Psychology & Terrorism</p> <ul style="list-style-type: none"> • Team Well-Being • Working with Survivors' Trauma • Terrorist Targets • Preparing at Home and Work

<p>**Saturday April 6, 2014** Skills Development and Application</p> <ul style="list-style-type: none"> • Extinguish fires • Triaging and treating victims • Extricating victims trapped by heavy timbers • Interior search for reported missing persons • Course Review • Graduation Ceremony
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All classes will be held at The **Chetcuti Room, 450 Poplar** from 6:30 to 9:00 PM, except ***February 5, 2014*** & ***February 19, 2014*** which will held at **Millbrae Community Center, 477 Lincoln Circle** from 6:30 to 9:00 pm and the ****Skills Development & Application****, which will be held at **Fire Station #37** on a Saturday April 6, 2014 from 8:00 AM to 3:30 PM.

Please wear comfortable shoes and clothing to the last class.



For registration contact Diane Himuro (650) 259-2421 Millbrae Fire or email dhimuro@ci.millbrae.ca.us